



Work & Family Matters

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1.877.682.2472 UAW-DaimlerChrysler Family Resource & Referral Program - May 2007



For more information, contact the Family Resource & Referral Program to request a **customized College Packet**. Be sure to ask for **Scholarship and Financial Aid** information! Receive this packet via mail, email or fax. Call anytime, 24/7 at **1.877.682.2472** or **www.uawdcx.com**.

Life After High School

"So, what are you doing after graduation?" Many juniors and seniors get bored answering that question over and over. Whether your plans include college, heading straight for the workforce, or taking a year off, here are some practical tips to prepare yourself for the journey.

Going to College

Some people know from an early age exactly what they want to be and how they plan to get there. Not all of us are so sure of our plans, though, and that's OK too. Many people start off in a liberal arts program in college and then decide on a major after a year or two. (School counselors say that 75% of students change their majors after they enter college.) School is also not just about careers and getting a high-paying job after graduation — it's a place for learning about yourself and the world.

Ask yourself:

- What are my strengths?
- Am I interested in liberal arts or science or business?
- What kind of learning environment is best for me?
- Would I be more comfortable in a small school or would I feel confined?
- Do I want to stay close to home or live far away?

Once you've narrowed down your choices, ask the schools to send you literature. Visit their websites. When you've whittled your list down to a manageable number, make arrangements to visit. Try to do this when school is in session so you can get a good idea of what life is really like on campus.

Source: http://www.kidshealth.org/teen/school_jobs/jobs/after_hs.html

There's No Place Like Home

Housing Options for Seniors

There really is no place like home. When asked about their preference for housing, most seniors answer, "What I would really like to do is to stay right here." The person's own home represents security and independence to most Americans.

Most housing, however, is designed for young, active and mobile people. To live at home, a person must, at the very least, have access to transportation, go shopping, cook, and do household chores. Many of us will lose one or more of these abilities as we grow older.



One option is to purchase in-home services, to cope with declining abilities. For a fee, an army of workers will appear to cut your grass, wash your windows, cook your meals, do the shopping, and even provide personal care and/or skilled nursing care. This may be the option for you, depending on the amount of help you need. However, this can be expensive and will require a lot of management and coordination.

For people willing to relocate, there are plenty of options, although there may be some confusion about what all the terms mean. You may hear about "board and care homes," "personal care homes," "life care" and "continuing care retirement facilities." All refer to some type of "assisted living" or service-oriented housing.

The Family Resource & Referral Program can put you in touch with local senior facilities and other senior housing options.

Want more information? Contact a Care Consultant 24/7 to receive a free customized Elder Care packet.

1.877.682.2472 or www.uawdcx.com

Source: <http://www.aoa.gov/eldfam/Housing/Housing.asp>

Teacher Treats

Finding a way to show appreciation for teachers, school administrators, coaches or providers that he or she will really enjoy takes time and creativity.

Here are some creative, low and no-cost ideas to show your appreciation from the whole class or your own child:

1. Have your child write a poem about their #1 teacher. Include a few lines about the most memorable time shared in the classroom. Compile other classmates' poems and attach a class picture for the cover. A local photocopy center can laminate these pages for a small cost and help preserve her students' creativity forever.
2. Glue a photograph on 'pretty paper' and decorate with stickers, die cuts and other scrapbook items. Ask classmates to do the same and bind the pages together with metal rings or decorative bows for a customized scrap book – a great keepsake!
3. Trace your child's handprint, cut and decorate. Use a piece of yarn to create a necklace with your child's handprint. This is another great idea for the entire class to use. The teacher will have a necklace of hugging hands to cherish for years to come.



Traveling Tips

**WEDNESDAY, MAY
16, 2007 from 3PM-
4PM EST**

**Sit in on a free
'WEBINAR' to learn
about **budgeting,**
researching,
packing and
planning.**

***All you need is a
computer with
internet access a
phone and 1 hour.***

15 minutes before
webinar begins, Go
to [NTC Website](http://www.ntcwebsite.com)
www.uawdcx.com
Go to 'log on' on
right side of page;
user name UAWDC,
password UNION
Click on WEBINARS
and follow
instructions.

Access Archives

If you are unable to
join the Webinar,
you can still benefit.
Webinars archives
are available
through the Family
Resource & Referral
website:

www.UAWDCX.com

Homework Help... the Moment Your Child Needs It!

Homework Hotline

The UAW-DaimlerChrysler Family Resource & Referral program provides homework support for elementary, middle, and high school students. Certified teachers are available from 4 P.M.–9 P.M. EDT, Monday through Thursday, to assist your dependents. Call the toll free number: **1-877-NTC-Circle (1-877-682-2472)** for assistance. There is no charge for this service and you may call as many times as needed for homework support.

Homework Online

Tutor.com, a leader in live, online tutoring, is now offering 90 minutes of homework assistance for UAW-DaimlerChrysler employees **at no cost**. This online service is convenient and on-demand, and provides personalized help with school work when students need it. All tutors are certified through a rigorous training program.

When students log on, they are instantly connected with a subject expert in an easy-to-use online classroom. The tutor and the student can chat, use a whiteboard, browse Web pages that the tutor feels are pertinent to the subject matter, and share files in the interactive, online classroom. Sessions are saved so that the student can review and print them. The tutors guide the students to find the answers to their questions, versus simply telling them the answers. Parents can also go online to get assistance, as well as to check out the service prior to their children connecting to the site.

The first 90 minutes of the Online Homework Assistance service is provided at no cost to UAW-DaimlerChrysler employees. If an employee desires additional online tutoring services, they may opt to work directly with Tutor.com to purchase additional time.

Tutor.com Direct offers students and families an affordable pricing plan for any budget. You may choose to Pay As You Go, or select a more cost-effective monthly plan. Prices range from \$25/hr to \$35/hr depending upon the package chosen.

GETTING STARTED

- Go to www.uawdcx.com, then click on CIRCLE OF LIFE, then FAMILY RESOURCE & REFERRAL PROGRAM, then, "log on" with USER ID: *UAWDC*, and PASSWORD: *UNION*.
- Click on Homework Hotline.
- Click on Tutor.com.
- Choose your plant location from the drop-down menu.
- Click on the TUTOR.COM link.
- Click on VIEW DEMO, a three-minute video that is OPTIONAL, but highly recommended to maximize your experience.
- Click on GET STARTED and enter **promotional code** "UAWDCC."
- Enter your e-mail address, then create a password.